

Memorial Day 2013 picnic & workout

Last Modified: 26th May, 2013, 6:22 PM

[Quail Ridge Park](#)

Located: 5501 Quail Ridge Pkwy, Wentzville, MO 63385 (Near the intersection of I-70 and Highway 40/61)

For directions, [click here](#) and then press [Get Directions] near the top left of the Google Maps page

We'll meet around 14:30 on Memorial Day, Monday May 26th 2013 at the park.

We have not reserved space so we will likely just squat in the first suitable location unless I can get through to someone there.

We will eat, relax, & maybe play a few games, then we will likely start a Kajukenbo workout around 18:00.

This event is NOT our Annual Self-Defense Day, and will be no where near that size or scope but is free and open to the public just the same.

We simply have some students from that area who drive to Fenton a lot and who wanted to not skip class tomorrow so this was what we came up with.

Martial artists -and their families- of all styles and ranks are welcome but if you think you have a crew attending let us know so we can make sure there is enough food.

There are currently only about 8 people attending so again, please call or email Dave with a RSVP if you or others plan to attend.

Check back here for any updates on the location or times. As always, you can contact Dave with any questions.