

# Kajukenbo Seminar near Dekalb, IL

Last Modified: 1st May, 2014, 2:26 PM

## SEMINAR ANNOUNCEMENT

Saturday May 3, 2014

Attend an exciting morning of seminars presented by:

GRANDMASTERS EMIL BAUTISTA & ANDREW TOROK

SIGUNGS TIM ROCHFORD & SHELLY GUSTIN

AND SIFU INSTRUCTORS FROM NORTHERN ILLINOIS

The seminars will present basic martial arts drills and self-defense techniques, thus they are relevant for all karate ranks, including beginners. In the event of a large turnout, seminars will run at the same time and participants will be divided into smaller groups. Instructors will rotate so that all groups receive the same instruction. If there is enough interest, there will also be a children's seminar. After a lunch break, student promotion testing will follow at 1 p.m.

Location: Empower Martial Arts 1213 S. Bridge Street, Yorkville, IL 60560

Date: Saturday May 3, 2014

Time: 9 a.m. sharp to 12 noon

Ages: 10 through adult; (children's seminar at 10 a.m. ages 5 through 9 - \$15)

Format: seminars will each be 45 minutes

Cost: early registration by April 19 is \$35, by April 26 \$45, at the door \$50

Family discount: second and subsequent members receive a \$10 discount

Information & sign-up: your instructors or GM Torok at [grandmaster@torok.com](mailto:grandmaster@torok.com) (951) 232-9126. For directions and site information Sigang Rochford 638-882-8583 (Home Office) 331-725-8535 Cell



This may be your last chance to receive a certificate and instruction from Senior Grandmaster Bautista and Grandmaster Torok so do attend!

SEMINAR ANNOUNCEMENT: Saturday May 3, 2014  
[ about a 4.5 hour drive from St. Louis, MO ]

A morning of open seminars presented by:

Grandmasters [Emil Bautista](#) & [Andrew Torok](#)

Sigungs Tim Rochford & Shelly Gustin and Sifu instructors from Northern Illinois

The seminars will present basic martial arts drills and self-defense techniques, thus they are relevant for all karate ranks, including beginners. In the event of a large turnout, seminars will run at the same time and participants will be divided into smaller groups. Instructors will rotate so that all groups receive the same instruction.

If there is enough interest, there will also be a children's seminar.

After a lunch break, student promotion testing will follow at 1 p.m.

Location: [Empower Martial Arts: 1213 S. Bridge Street, Yorkville, IL 60560](#)

Date: Saturday May 3, 2014

Time: 9 a.m. sharp to 12 noon

Ages: 10 through adult; (children's seminar at 10 a.m. ages 5 through 9 - \$15)

Format: seminars will each be 45 minutes

Cost: early registration by April 19 is \$35, by April 26 \$45, at the door \$50

Family discount: second and subsequent members receive a \$10 discount

Information & signup: your instructors or GM Torok at gr-ndm-stertorok@gmail.com

Phone: (931) 232-9126 {email address obfuscated; -:a / 0:o}

Originally from the [Kajukenbo Cafe](#)

<http://www.kajukenbo.com/cafe/index.php/topic.6790.msg59041.html#msg59041>

— NOTES —

(1) There are about 4 hours of seminars on Saturday, then the belt testing.

(2) There is a dinner with the Kajukenbo GM's Friday night if you are there.

(3) GM Torok has a JKD, Jiu-jitsu and Muay Thai background, but GM Emil Bautista brought him in under the Emperado method. This is a different lineage from ours.

(4) My students only pay the \$35 "Early Registration" rate, even if you pay at the door.

(5) There is a possibility that I might teach a seminar.

(6) Bring & wear your uniforms and belts if you attend, of course.

— Dave