

Fight Quest S1 E9 - Israel (Krav Maga)

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Title: Israel (Krav Maga)

Air Date: February 22, 2008

Location: Netanya, Israel

Masters: Ran Nakash, Avivit Oftek Cohen

Features: Everything that hurts

The Israeli military is one of the most highly trained and skilled forces in the world, and their secret weapon is Krav Maga. In this episode, Jimmy and Doug train with the Israeli military and learn the secrets of this murderous fighting style.

{ Typical marketing hyperbole. Funny how they always get stomped when they compete in MMA.

Remember: If it is [not the IDF](#) then it is NOT “real” [Krav Maga](#).

It is nothing special, mostly just “[techniques sourced from boxing, savate, Muay Thai, Wing Chun, Judo, jiu-jitsu, wrestling, and grappling](#)” anyway — Wikipedia }

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