

Fight Quest: S1 E11 - Bangkok (Muay Thai)

Last Modified: 30th May, 2014, 9:39 AM

Bangkok (Muay Thai)

Season 1 Episode 11

Aired date: Sep 26, 2008

Location: Bangkok & Ayutthaya, Thailand

Masters: Thakoon Pongsupha, Karim "Palang" Pattana

Features: Punches, kicks, elbows, knees

Muay Thai is a hard martial art from Thailand. It is similar to other Indochinese styles of kickboxing, namely pradal serey from Cambodia, tomoi from Malaysia, lethwei from Myanmar and Muay Lao from Laos.

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